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Teachings Directly From Babaji (Unsolicited)

Teachings on a variety of subjects that were sent by Babaji via email. These teachings are not related to direct questions, rather they were sent by Babaji without solicitation for advice. These are extremely powerful teachings.

From Babaji

"Blessings:

"Be alert. Be Aware. Do not respond to hate. Cut off all communication with hate. Do not convince hate. Do not attempt to change hate.

"Babaji"

A Message From Babaji

"Blessings:

"I am not here to convince you of anything. I am not here to be recognized. I am not a show, not an entertainment. I am only here to serve. I am only here to share my message of Truth, Simplicity, Love and Service. I want you to walk on the High Path. I want you to be independent thinkers. I want you to fight the corruption of freedoms, of the poor, of the land, sea, and air. I want you to break away from the Lower Self, that part which demands more and more, only to bring you misery and despair.

"I am no-one. I am no-thing. I am always with you.

"Babaji"

Babaji Communicates

"Blessings:

"I am not here to convince you of anything. You are not here to convince others of anything. I left the last body with a thousand arrows in my heart. In this body that cannot happen. My purpose here is not for the Ego to attach to the body. It is for the Heart to attach to the Teachings.

"Babaji"

Babaji On Change

"Blessings:

"Change is the Law of Nature. Change is difficult for the Ego to accept. People would have Babaji keep one body. How is that possible? The body is temporary. The mind cannot accept that. It cannot accept the end of the body, so it tries to make a God out of the body. But if I kept the body, this the mind would not also accept, and the result would be that many would take this body and shred it to pieces. There is a great darkness descending upon this world. Do not be deceived by the good news. The few seek control over the many. You must be strong. You must think for yourselves. BE ALERT. BE AWARE. The arrogance of the ego grows stronger. And this will only lead to misery and despair.

"Babaji"

Babaji Speaks To The Subject Of Problems

"As for serious problems. Consider these problems as opportunities for growth. Change is not easy. The ego rejects change, yet change is the law, change is the real. Obstacles to the higher path are many. That is why few arrive. If obstacles are nonexistent then the ego will create them. Understand? Your ego is creating obstacles. Maya creating maya.

"Step back. Observe, without judgement, unconditional. Watch now as obstacles melt, become nothing. Do this each time a block appears. Step back and observe without judgement. Chant the mahamantra silently. Invoke the name of Babaji within your heart. The obstacle passes, quickly.

"Remember, obstacles are part of change and change is the law of nature. If you react, then the obstacle becomes larger. If you observe, pure observation, then the obstacle passes, as quickly as it was created. Go now. Observe.

"Pure observation. No judgement. Chant silently. Invoke Babaji within your heart. Now see the movement of Truth, the movement of Simplicity, and the movement of Love permeate the fabric of space and time and move upon the heart.

"I am Bhole Baba. I am no-thing. I am no-body. To find me, find what I am not.

"Do not assign the ego to question me in a manner that is complex, not from the heart. I can never be found in this manner. I am no-where, no place.

"Babaji"

Babaji Speaks - Definition of "Beacon of Light"

"Blessings:

"If you live in Truth, Simplicity, and Love. If you serve unconditionally. If your heart tells you to walk on the Higher Path & then you are a Beacon of Light, and by chanting the Mahamantra, and invoking my name, I shall appear to you in any form that your heart desires.

"Babaji"

From Babaji Regarding Needs

"Blessings:

"The body needs food, shelter, clothing, and companionship. The spirit needs God. There is nothing wrong with working, having a career, and being spiritual. Work is Service. You are a SPIRITUAL being having a HUMAN experience. To make the connection chant the Mahamantra and invoke my name. Patience, companionship comes your way. Love all sentient beings unconditionally. Love God unconditionally. Both are equal. Your Higher Self has experienced God directly. Understand. Attach to it.

"Babaji"

Babaji - A Message

"Blessings:

"I am not here to convince you of anything. I am only here to help humans destroy the lower Self of ego-caused misery so that sentient beings may walk on the High Path and live in Truth, Simplicity, Love and Service. Your mission is to live the Teachings and serve as a beacon of Light to the many living in the despair of darkness. Chant the Mahamantra and invoke my name. I am always with you.

"Babaji"

From Babaji - December 10, 1998

December 10, 1998:

"I am timeless. I never sleep. I am here and I was there and I will be. This is but one planet among billions and billions. Sentient beings abound throughout the universe throughout many dimensions of time and space. I am everywhere helping and serving. This is my purpose. My message is Truth, Simplicity and Love. This is how you are to live in the body. This is how you are to have equanimity of

the mind. And you must serve by working. Idleness is laziness and laziness is death. Do not be mislead. Preparing for the Great Revolution is not in the store of food or money or water or wood. It is in the store of Truth, Simplicity and Love. Attach yourself to God. Unconditionally. Chant. Call to me in your need. And thus you will survive the Great Change.

"This is my message to all here. This is my message to all sentient beings throughout all dimensions. All must face the Great Revolution. Change is force of creation. We must all face it. Even Babaji. I am Bhole Baba. I am here."

Message from Babaji - January 18, 1999

"Observe the flow of emotions. Up and down. There is a constant movement, change. Don't attach to the emotions of the moment. Observe the moment, watch the emotion disappear. A new one takes its place. This is maya. That which is temporary, changes frequently, is maya. Don't attach to maya. This is all temporary. The body, emotions, relationships, wealth, power, knowledge & always changing, temporary. Understand? This body I am in is temporary. It too has emotions constantly changing. I observe the moment of thought from its creation to its destruction. Now listen carefully. The movement of thought is time. Learn to observe thought and time become what it is. Maya. Created by thought, divided by thought. When the Higher Self observes, there is no movement, no time. There is the eternal now where the ground of being exists. The place of no-thing. This is where I, who am no-body, come out of. Do what your heart advises and all will be well.

"Babaji"

From Babaji About The Body

"Blessings:

"The body is no-thing. It is made out of food. Understand? The body is just food for another body. Sustenance. What is real is the real you. The higher Self. That which exists without a body, without food. Do not be concerned about the body. Do not worship the body. It is temporary. Fragile. Vulnerable to disease, old age, and death. Even Babaji must abandon the body. Understand? This is my message. Do not be attached to the body. It will bring much grief.

"Be aware of the higher self. Be alert to the higher self. Take care of the body. Feed it properly. Exercise it properly. But do not be unduly worried or enamored of it.

"Babaji"

Babaji About Change

From Babaji:

"You will find great changes as time compresses. Much will be accomplished in less time. Events around you are changing in this fashion. Be aware of these changes. Be alert to these changes. Be careful. Observe carefully in silence as events and circumstances are in a flux. Be alert to emotional changes. Be alert to behavioral changes. Observe these changes through an unconditioned mind. Do not judge, nor be critical. Just observe through silence, through a quiet mind, and you shall see change. Now chant the mahamantra. Place all observations through the filter of Truth, Simplicity and Love. Observe the truth of change. Observe the simplicity of change. Observe the love in change. Place truth into change. Place simplicity into change. Place love into change.

"Now chant the mahamantra. Let the great wheel of change flow like the ring of fire around Shiva Nataraj. Observe as the ring of fire creates. Observe as the ring of fire purifies. Observe as the ring of fire destroys. Observe as the ring of fire creates once again. Cycle after cycle, bead after bead around the mala, endless creation, purification, destruction. Do not attach yourself to change. Be aware. Be alert. Observe change. Understand change. This is the law of nature. The law is change. Apply my message into your life and you will live within the law of nature. Those who live within the law, understand the law, shall destroy the lower self and attain mental equanimity.

"Babaji"

From Babaji - Hidden Agendas

From Babaji:

"Blessings:

"Be aware of hidden agendas. Be alert to beings intent upon the control of others. My message is simple. Truth, Simplicity, Love and Service to sentient beings. Destruction of the lower self.

"Babaji"

Babaji On Anger

From Babaji:

"Anger comes from the ego not from the real, the higher self. Few understand the teachings, my message. This is why I have come back into this sinking body, to touch the creative spark in you to create my website so that those who think they know me, think they understand me, can truly understand the message of Truth, Simplicity and Love.

"Do not attach to those who are angry. The angry are attached to the ego. Attached to the body. Do not try to change others. Just offer the teachings. Nothing more. You cannot give mental equanimity to another. Even Babaji can't do that."

"Babaji"

From Babaji On The Power Of Simplicity

"Blessings:

"Channeling Babaji can be filtered by one's ego and life experience. Simplicity. See, see! The mind endlessly creates division which leads to complexity which leads to human misery. This whole Universe was created from the Simple. It shall return to the Simple. The body shall return to the Simple. Look deeply into the teachings. Simple as they are, all of this Universe can be understood from the teachings, far greater than any Science the human mind can conceive. Attach to the real. Truth, Simplicity, Love."

"Babaji"

From Babaji - The Effects Of Sadness And Grief

"Blessings

"To those who have gathered in the name of Babaji, I have spoken to their hearts. Remember that even a body that Babaji inhabits can be worn down by the sadness of sentient beings. My message is this. Do not let the body be worn down by the grief of others. It is best to allow the Masters to do that. One can only offer the teachings in service. Other than that one can only live in the teachings so that others may observe and learn."

"Babaji"

From Babaji - Change Is Difficult

From Babaji:

"Blessings

"Change is difficult. Live in Truth, Simplicity and Love. Chant the mahamantra. You will persevere and be stronger through all of this. Change is the law of Nature. The real you, the changeless observer, attached to the real, is unaffected by change"

"Be Brave. Be Strong."

"Be Alert. Be Aware.

"Babaji"

Babaji - My Message Of A Deeper Nature. Are You Ready For This?

"Blessings.

"From no-thing to no-thing. The movement of thought creates the maya of time and space. It creates the template for life housed in a body made out of food. It exists for a brief amount of time because thought is transient. The higher self, the unconditioned observer, is not created by thought. It has no movement, no template. It is not made out of food. It is not transient. It is not in time nor space. It is the spark of creation composed of Truth, Simplicity and Love. Attach to this and enjoy the destruction of desire.

"This is my message of a deeper nature. Are you ready for this?

"Babaji"

Babaji - From Negative Comes Positive

"Blessings:

"From pain comes strength. From the negative comes the positive. Relish in this strength. Nurture it. It will take you through the great fire. It will pull you up to the high path. It will light you up to serve as a beacon for humanity. Sentient beings will come out of the darkness to your beacon of light to destroy the lower destructive self.

"Babaji"

Babaji Regarding Suffering

From Babaji:

"Blessings:

"The real does not suffer. The unreal does. This body suffers as it wears out, but Babaji is not attached to the body. Observe the movement of the body through space-time unconditionally, without judgement. Do not attach to the unreal it can only lead to suffering. Attach to the real, to the noumenon, not phenomenon. Attach to the higher self. Attach to that which comes from no-

thing and you cannot suffer. Attach to the world of maya, of power, knowledge, wealth, and ego, and suffering is inevitable.

"Babaji"

Babaji - Be Alert Be Aware

"Blessings:

"BE ALERT. BE AWARE. A firestorm approaches. Some will try to drag you down into the pit of ego, and attempt to do to me what was done two thousand years ago . But know this. Babaji is no-thing, and no-thing cannot tarnish. No-thing cannot rust. No-thing is everywhere but nowhere to be seen. You will walk through this as the High Path is no match for the ego.

"Babaji"

Babaji - Take Care Of The Body

"Blessings:

"This is my message. Take care of the body. Feed it well, exercise it, and watch over its movements. Live in Truth, Simplicity, and Love. Serve humanity unconditionally. Destroy the lower self and walk on the High Path.

"I want all of my devotees to be strong in spirit and healthy in body. I want all of my devotees to be messengers of Truth, Simplicity and Love. I want all sentient humans to see the light of hope when they pass by a devotee. I want all sentient humans to feel Babaji emanating from the hearts of my devotees. I want all of my devotees to make the life of one sentient human easier to breathe. I am with you always. Just call out to me and I will instantly come to you no matter what Universe I am in.

"I am no thing. I am no where but I am everywhere. I move behind space and time to reside in your hearts.

"Babaji"

Babaji - The Low Path

"Blessings:

"Do not respond to anger. Do not respond to one on the low path of judgement. Do not allow yourself to be brought down to the Low. Remain on the High path and the Low will fall into the Fire.

"Babaji"

Babaji - Do What Feels Right In Your Heart

"Blessings:

"BE ALERT. BE AWARE. DO WHAT YOU FEEL IS RIGHT IN YOUR HEART.

"The path from your heart is the path that Babaji walks.

"Babaji"

Babaji - Thought Is The Great Creator

"Blessings

"My message is this. Continue to see in your minds eye that which you seek. The doors are opening to you but you must knock on them and you must ask for what you see in your minds eye. Remember that thought is the great creator. Thought created the great cathedrals, thought created this internet. Thought that starts in the minds eye is turned into action which creates. Thought born in the ground of being created time, space, and matter.

"Blessings,

"Babaji"

Babaji - The Teaching Is Simplify

Question about a certain "Babaji" website and about building more big ashrams:

Babaji Responds:

"Blessings:

"An interesting site but I do not see the teachings emphasized. There will be many who use the name of Babaji. Few will share the message of Truth, Simplicity and Love. One may start another ashram in

the name of Babaji. But during this period it is best to share the teachings in the most simple ways, such as using the new technology, for the future is in a personal ashram connected to the home and family. We must emphasize the home and family rather than a place external to the self. Many gather in huge churches built with much wealth and grandeur, praying loudly, but Jesus said that praying quietly in a closet is the best way to reach God. This is the teaching. Simplify. In the home. In a closet. Quietly. This is the path to the higher self.

"Babaji"

Babaji - A Beacon Of Light On The Website To Serve Humanity

"... The body is frail. But I have come back to place the teachings in a beacon of light to be conveyed to sentient humans. And this beacon will be created from the heart of my devotees and placed onto the website in service to humanity. We cannot be idle. We cannot be lazy. We cannot be without purpose. Our purpose is to serve, to elevate humanity, to enable humanity to be purified without destruction as the great fire from Shiva approaches. The goal is to walk through the fire, be purified and survive to create a new world on the other side. With preparation, with the teachings, with Truth, Simplicity and Love you will be able to jump into the great fire. And I will be with you on the other side.

"Babaji"

From Babaji - The Mind

"The mind endlessly creates division which leads to complexity which leads to human misery. This whole Universe was created from the Simple. It shall return to the Simple. The body shall return to the Simple. Look deeply into the teachings. Simple as they are, all of this Universe can be understood from the teachings, far greater than any Science the human mind can conceive. Attach to the real.

"Truth, Simplicity, Love.

"Babaji"

From Babaji - The Wheel Of Maya

"You see the wheel of maya spinning round and round, so fast that those who do not want to touch the real fall off. They fall off because they are content to fill the black hole within. Fill it with money. Fill it with power. Fill it with relationships. Fill it with scholarship. But you know that this empty hole cannot be filled because that is what the human is. Understand? An empty black hole. Nothing. Nothing. Misery and attachment to the lower self is the result of this futile attempt to fill the black hole. You see? Now let go of those who fall off the spinning wheel of maya. Don't hold on. Don't depend on them. Attach to those who know the futility of filling emptiness, nothingness. Attach to the real.

"This is the message. Understand?"

"Babaji"